## **Our Purpose**

Aboriginal Community Services supports the growth of progressive and prosperous Aboriginal communities that are built on a foundation of respect, self-determination, and accountability. By empowering individuals, families and communities through choice and control of their needs, we connect expertise, knowledge, passion, corporate and governance structures to build sustainable programs. the lives of our clients are enriched through the delivery of culturally appropriate services that are continually improved and represent value for money.

Our vision is to be a national service provider, recognised for cultural and professional integrity and commitment to the self-determination of current and future generations of Aboriginal communities, families and individuals.

## **Quality of Care**

Aboriginal Community Services aims to offer you the highest quality service possible.

### We will provide you with:

- Dignified, honest and respectful support
- Private, confidential and safe service
- Assistance in choosing the right service for you
- Services which suit your changing needs
- Culturally safe, responsive and respectful service







The Aboriginal Community Services Commonwealth Home Support Programme (CHSP) is funded by the Australian Government Department of Health. Although funding for CHSP activities has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.

## Head Office / Adelaide Metro / Regional South Australia

**67 Henley Beach Road, Mile End SA 5031** p: (08) 8346 9155 f: (08) 8346 9766 e: reception@aboriginalcs.org.au

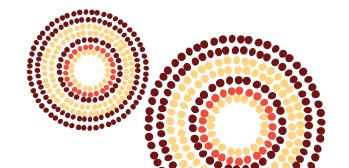
#### **APY Lands**

Amata: (08) 8956 7522 Fregon: (08) 8954 6199 Indulkana: (08) 8670 6098 Mimili: (08) 8956 2951 Pipalyatjara: (08) 8956 7764 e: apylands@aboriginalcs.org.au

### **Elders Village**

**2 Oldford Street, Davoren Park SA 5113** p: (08) 8287 1454 f: (08) 8287 1580 e: aev@aboriginalcs.org.au

### www.aboriginalcs.org.au



# APY Lands Commonwealth Home Support Programme

Helping Elders live independently at home, maintain quality of life and to enjoy community and cultural activities.





The Commonwealth Home Support Programme (CHSP) is a consolidated program that provides entry level care into Australia's aged care system. A key element in the creation of the CHSP from 1 July 2015 is an increased focus on wellness and reablement.

The CHSP is designed to provide relatively small amounts of a single or few services to support Elders in maintaining independent community living and wellbeing.

Aboriginal Community Services is committed to assisting Elders to maintain their independence at home and in the community, and to reduce early admission to residential care.



## **How to Get Services**

To receive services from Aboriginal Community Services you must be 50 years or older and be of Aboriginal or Torres Strait Islander descent. To register with us you must follow these steps:

- Visit us at any one of our community centres, located in Amata, Fregon, Indulkana, Mimili and Pipalyatjara.
- 2. Aboriginal Community Services will refer and support you through the My Aged Care system.
- **3.** The Regional Assessment Service will visit and support you to undergo a home assessment to discuss your goals, daily routines, lifestyle and your physical and mental health.
- **4.** Aboriginal Community Services will receive your referral and be in contact with you to set up services.
- **5.** As a continuum of services Aboriginal Community Services also delivers Home Care Packages throughout the APY Lands. Speak with your local Client Services Coordinator on how to access this service.

# Services We Can Offer You

We offer services to assist Elders with health needs, everyday wellness, household tasks and social interactions to keep them involved in the community.

Elders on the APY Lands Commonwealth Home Support Programme may have access to all below-listed services, as determined through the My Aged Care process.

## Meals

A daily meal and social activities at our Community Centre. Some meals can be provided to your home if required.

## Transport

Coordinated transport for Elders to attend appointments/shopping and social activities within your community.

### **Domestic Assistance**

Coordinated pick-up and drop-off laundry service for blankets/bedding.

### **Personal Care**

Assistance with daily personal care.

