



Social Activities and Events (Community Program)

We encourage Elders to participate in community life through structured, group-based activities that develop, maintain or support independent living and social interaction.

Information and Referral

Our team are dedicated to sourcing relevant information that will benefit our Elders to assist them to make informed decisions. Advocating on behalf of our Elders is an important aspect of Aboriginal Community Services.

Quality of Care

Aboriginal Community Services aims to offer you the highest quality service possible.

We will provide you with:

- Dignified, honest and respectful support
- Private, confidential and safe service
- Assistance in choosing the right service for you
- Services which suit your changing needs
- Culturally safe, responsive and respectful service



The Aboriginal Community Services Commonwealth Home Support Programme (CHSP) is funded by the Australian Government Department of Health. Although funding for CHSP activities has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.

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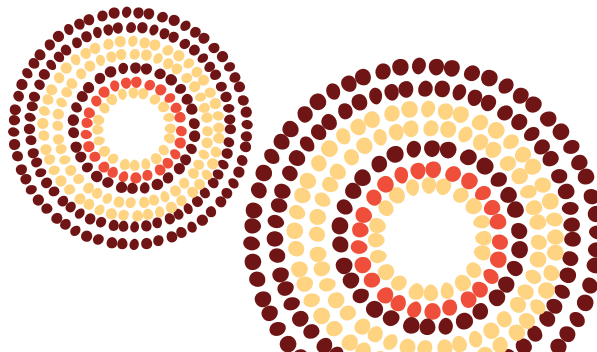
APY Lands

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Elders Village

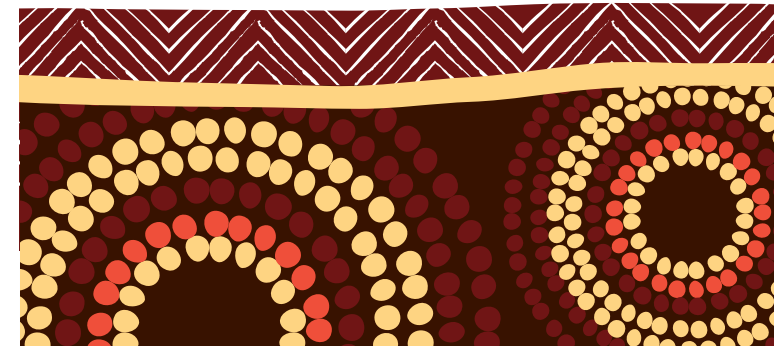
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Commonwealth Home Support Programme

Helping Aboriginal Elders
live independently at home,
maintain quality of life and
to enjoy community and
cultural activities.



The Commonwealth Home Support Programme (CHSP) is a consolidated program that provides entry level care into Australia's aged care system. A key element in the creation of the CHSP from 1 July 2015 is an increased focus on wellness and reablement.

The CHSP is designed to provide relatively small amounts of a single or few services to support Elders in maintaining independent community living and wellbeing.

Aboriginal Community Services is committed to assisting Elders to maintain their independence at home and in the community, and to reduce early admission to residential care. We offer a wide range of domestic and social support services.



How to Get Services

To receive services from Aboriginal Community Services you must be 50 years or older and be of Aboriginal or Torres Strait Islander descent. To register with us you must access My Aged Care gateway via these steps:

1. Contact the My Aged Care gateway by visiting the website www.myagedcare.gov.au or phone **1800 200 422**. They will undertake a telephone screening to determine your needs and assess your eligibility.
2. If you are eligible you may require a home assessment from the Regional Assessment Service to discuss your goals, daily routines, lifestyle and your physical and mental health.
3. Tell the assessment team that Aboriginal Community Services is the provider of your choice.
4. Aboriginal Community Services will receive your referral and be in contact with you to set up a meeting.

Services We Can Offer You

We offer services to assist Elders with health needs, everyday wellness, household tasks and social interactions to keep them involved in the community.

Elders on the Commonwealth Home Support Programme may have access to all below-listed services, as determined through the My Aged Care process.

In-Home Services

Assisting clients to maintain their living areas. This involves assistance to accomplish your daily chores in a safe, secure and healthy home environment.

Home Maintenance

Garden services to improve safety, accessibility and independence within the home environment for the client.

Transport Assisted

One-on-one social support for Elders to participate in community life and meeting a person's need for social contact.

Transport Supported

Coordinated transport for Elders to attend medical appointments and to our social activities through our Community Program.

Social Support Individual

Social support services can help you maintain an active social life by having someone visit you in your home, or by arranging visits and outings in the community. Another important inclusion of our social support services is advocating on behalf of our Elders.